



Pott Shrigley Church School

Church of England Aided Primary



*"Be kind and compassionate to one another, forgiving each other,
just as in Christ, God forgave you"*

HEADS UP

Dear parents

LOCKDOWN 3, week four = DONE ✓

Dear parents

Next week is [Children's Mental Health Week 2021](#) and we intend to spend each afternoon thinking about expressing ourselves and considering our identity and how special we all are as individuals. Mrs Turner is leading on this and has made a discussion form for you all to work on with your children this weekend. We would like all parents, including those whose children are physically attending school, to help the children build up a picture of their identity using the attached form. This will then help with the creative activities we would like you to engage in during the afternoons instead of topic, RE or science.

The link above allows access to an assembly and some resources. Attached with this letter is also a PowerPoint from Mrs Turner which should give you some ideas to work on. These are only suggestions as you will know what is best for your own child's mental health and creativity next week. Please feel free to adapt and be creative yourself.

We would like the children to wear their own clothes which they think best express their identity and individuality on **TUESDAY 26th January.** Please take photos, even if you are wearing a tracksuit and a hoody because that is how you feel. Parents can, of course, join in too!

Its Garden Birdwatch this weekend so sign up if you fancy an hour of birdwatching. <https://www.rspb.org.uk/get-involved/activities/birdwatch/>

As always, if you are struggling or worried, please give us a call and we will do our best to help. I hope that you enjoy some relaxing family time over the weekend.

Kind Regards

Joanne Bromley

Head Teacher