

POTT SHRIGLEY CHURCH SCHOOL



Pott Shrigley Church School

"Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you." Ephesians 4:32

PHYSICAL EDUCATION POLICY

September 2020

Pott Shrigley Church School Physical Education Policy 2020

Contents

1. Introduction and overview
 - Rationale
 - Aims
2. School Curriculum
 - Programme of Study
3. Teaching and Learning
 - Opportunities and differentiation
 - Inclusion and equal opportunities
 - Out of school hours learning
4. Resources
5. Assessment
6. Monitoring and evaluation
7. Uniform
8. COVID-19

1. Introduction and Overview

Rationale

Physical Education develops a child's knowledge, skills and understanding. It involves the child in the process of decision making, selecting and applying skills, performing, evaluating and refining their work. It contributes to the overall education of the child by encouraging and helping them apply determination, commitment, fairness, team work and leadership skills through engaging and purposeful physical activities.

Aims

"A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities." [Children should be offered] opportunities to compete in sport and other activities." National Curriculum, 2014.

Our children will be offered the opportunity to:

- Acquire and develop skills, performing with increasing physical competence.
- Understand what it takes to persevere, succeed and acknowledge the success of others.
- Develop a positive attitude to participation in physical activity.
- Develop an understanding of the effects of exercise on the body.
- Develop the ability to work as a team player, taking the lead and learning to work collaboratively with others.
- Promote an understanding and appreciation of the value of safe exercise. Develop a sense of responsibility towards their own and others' safety and well-being.
- Set targets and compete against others, both individually and as a team.
- Further develop skills by joining sports clubs which have links with the family of schools.

2. School curriculum

Physical Education at Pott Shrigley Church School is based on the National Curriculum Physical Education 2014 document (Appendix 1). A coverage document (Appendix 2) has been developed which provides a long term plan for each year group. The units are organised to provide progressive steps, which meet the end of key stage expectations and enrich the child's experience. Kickstart Education work with the school to deliver school sports, PE and support staff in their continued professional development.

3. Teaching and Learning

A variety of teaching and learning styles are used in PE lessons, including experiential learning and problem solving. Within lessons, the child is given the opportunity both to collaborate and compete. All classes have children of differing physical ability, therefore teaching strategies cover a range of skills appropriate to their age and experience, including:

- Setting common tasks which are open-ended, differentiating my outcome.
- Setting tasks of increasing difficulty to build skills and challenge physically.

- Providing challenge through differing resources, targeted to individual or group needs.

Every child is praised for their achievements and encouraged to fulfil their potential through continued support and positive feedback.

Further to the coverage document, teachers produce medium term planning for every unit they cover. These are shared with SLT and P.E. co-ordinator. These are monitored to ensure children are offered a wealth of opportunity through clear progression through the key stages.

Inclusion and equal opportunities

Planning and teaching are differentiated to ensure all children, regardless of physical ability, are engaged and included in all lessons. Through the support of their peers and staff, they are a valued member of any group or team. They are offered opportunities to take part in intra-school competitions and interschool activities and competitions where appropriate. A comprehensive outdoor learning programme supports children of all abilities and enables them to take part in Forest School Activities, Climbing and outdoor adventure.

Out of School Hours Learning (OSHL)

The aims of the out of school hours learning programme are to *extend* and *enrich* the work being done during curriculum PE, and to provide some pupils with opportunities to *enable* them to develop the skills they need to access curriculum PE. The programme will reinforce the importance of keeping physically active in order to lead a healthy lifestyle.

The programme will:

- Provide a balance of competitive and non-competitive activities through intra and inter school events.
- Provide specific movement/general physical activity clubs, which develop fitness.
- Ensure that every pupil is offered the opportunity to attend a minimum of one OSHL activity each week (Key Stage 1 and Key Stage 2).
- Ensure that the school regularly participates in events which promote physical activity and support links to community clubs.

4. Resources

The PE coordinator will develop, maintain and renew resources to support the schemes of work. These should be suitable for the activity, age and ability of the children. They should provide opportunities to fulfil all National Curriculum requirements through challenging and engaging activities.

5. Assessment

To assist in assessment, teachers use the following:

- Observations of the children's individual and group work, talking to them about what they are doing and listening to them describe their work.
- Baseline and End of Unit Assessment activities
- ICT to capture children's work in physical education, to show progression and quality of performance.
- Peer and self-assessment to help the children analyse their own progression and set their own targets.
- Attainment targets to assess where the pupils are at the beginning of a module and how they have progressed.

6. Monitoring and evaluation

- The school has a Physical Education Coordinator who will work with the Headteacher and Lead Kickstart Member of Staff to be responsible for document ownership, reviews and updates.
- The PE policy will be reviewed annually or when any significant changes occur with regard to the curriculum or resources available in school.
- All amendments to the school PE policy will be discussed with all members of teaching staff.
- The PE policy is current and appropriate for its intended audience and purpose.
- Staff will be encouraged to review their own practise and seek advice. CPD opportunities are provided throughout the relationship with Kickstart to support teachers and ensure all staff feel confident and competent in their teaching of Physical Education.
- The school will use an online software system to store data regarding pupil progress

7. Uniform

- All children are required to participate in the correct and designated school PE kit which will be communicated to parents/carers.
- Should a child not bring in appropriate kit, they will still be required to participate in the lesson (safety permitting)
- Should a child not bring in appropriate kit on a second or subsequent occasion, parents/carers will be informed and a sanction will be issued.
- No jewellery of any kind will be allowed to be worn in lessons. Taping of small studded earrings is at the discretion of the sports coach/class teacher. For this reason, parents/carers should bear in mind that ear piercing is best done in the summer holidays and not during the school year.

8. COVID-19

- The school will be guided by DfE guidelines and will risk assess all elements of PE to ensure it can be carried out safely
- The PE policy will be adapted to suit DfE guidelines for a temporary period where the risk assessment deems it necessary
- During periods of 'lockdown' a comprehensive Physical Activity programme will be offered to all children so that they continue to keep moving and practice skills from home
- Staff will be creative in putting together home based learning materials – this may include the use of virtual programmes and online learning platforms
- If school is closed for all or a number of children, staff will implement a catch up plan to meet the needs of all children

Joanne Bromley
Dean Khaled

September 2020
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Review Date

August 2021