



Pott Shrigley Church School

Shrigley Road, Pott Shrigley, Cheshire
SK10 5RT
Tel: 01625 573260
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Headteacher: Ms Joanne Bromley

Heads Up

Dear parents

We have been preparing for children's mental health and wellbeing week which takes place nationally between 7th- 11th February.

<https://www.childrensmentalhealthweek.org.uk/>

Our mental health and wellbeing ambassadors enjoyed a day at Tytherington High School on Wednesday and have since contributed their ideas to activities next week. The theme is *Growing Together* and Mrs Turner is leading as our Children's mental health lead.



We will start the week with a movie night which is always a lovely thing to do together and we are grateful to the *Flix in the Stix* team for putting this on for us.

I hope that you have a fantastic weekend.

Kind regards

Joanne Bromley

Head Teacher

'Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you'

Ephesians 4:32





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If your child does not feel well then please do not come to school, stay at home and do a lateral flow test. If it is positive, please report it to school and follow the current guidance on isolation: www.gov.uk - covid-19-stay-at-home-guidance

Diary Dates:

- Monday 7th February** - Children's Mental Health Week
- Movie Night – collect children at 5pm
- Tuesday 8th February** - Safer Internet Day
- Swimming
- Craft Club
- Wednesday 9th February** - Class 2 Welly Walk – bring wellies
- Thursday 10th February** - Kickstart PE & After School Club
- Friday 11th February** - Substation Climbing & Yoga

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