

Pott Shrigley and Bollington St John's
Church of England Primary Schools



Sharing our Gifts and Growing our Talents Together

Health and Sex and Relationships Policy

STATEMENT OF PRINCIPLES

Health and Sex and relationships is concerned with the health and well-being, physical, social, emotional and intellectual development of individuals and with relationships and responsibilities.

We feel at Pott Shrigley and Bollington St John's that our policy on Health and Sex and Relationships Education is an important part of our curriculum because:

- it enables us to offer sensitive support for children as they grow and mature in a challenging world
- it promotes the spiritual, cultural, mental and physical development of pupils at the school
- it prepares our pupils for the responsibilities and experiences of adult life
- it reflects the school's ethos by encouraging a respect for others, self, family, friends, school and wider community

AIMS AND OBJECTIVES

- To start where children are
- To generate an atmosphere where questions can be answered openly and honestly and without embarrassment
- To provide an acceptable vocabulary
- To counteract myth and folklore – and images from the media
- To include human reproduction in increasing detail
- To help children to understand that they have rights over their own bodies
- To increase communication skills
- To help children to keep safe and provide coping strategies
- To help prepare children for puberty
- To develop skills in personal relationships
- To enable children to accept variations in growth
- To challenge stereotypes and explore gender issues
- To work with parents and help them understand the aims of the school sex/health education programme
- To build confidence and self esteem

ASPECTS OF PRACTICE

We believe as a whole school that sex education should be developed in the context of a broad and balanced programme of health and wellbeing education. We feel that it should be fully integrated into the curriculum. Programmes of work to be covered may form a central topic e.g. Myself, Growing and Changing, Relationships, Keeping Safe.

Topics may be science focused particularly at Key Stage 2. Other ways of delivering aspects of our health policy may be to include it in assemblies and activities such as circle time occasionally.

In dealing with certain aspects of health education the school nurse or other health services may visit classes to help in delivery.

Areas of work will be repeated from year to year in greater depth taking account of the pupil's development and our whole school curriculum plan.

Our developmental programme will serve as a foundation for further work at the secondary stage of education.

DELIVERY

- The policy is to be delivered by all class teachers through modules from the IPC
- We run regular themed projects including mindfulness, e-safety weeks, counselling and wellbeing workshops
- Unless stated class rather than specific year group determines the delivery of the Sex and Relationships Curriculum
- All sexes have access to Sex and Relationships Education, with single sex delivery in Year 6 only (as detailed in the attached list of resources)

SPECIFIC ISSUES

Working with parents

- The school is committed to working with parents. Under the Education Act 1993 pupils can be withdrawn by their parents from part of sex education that is outside the compulsory elements contained in the Science National Curriculum
- Parents wanting to exercise this right are invited to see the class teacher. He/she will explore the concerns of parents and the possibility of adjusting the programme or approach and will discuss any impact that withdrawal may have on the child.
- Sex and Relationship Education materials will be available to parents who wish to supplement Sex and Relationships Education in school or wish to deliver Sex and Relationships Education to their children at home

Working with Children

- All children have the right to express their own views and must respect the views of others
- Information given to the teacher by a child is deemed confidential, however where the protection and personal safety of the child is seen to be at risk, the appropriate staff should be consulted
- All children are given the opportunity to participate in question and answer sessions either verbally or through written means
- Should any difficult questions arise, the teacher is under no obligation to respond at that moment. Consultation with other members of staff can be sought. The school believes that individual teachers must use their skill and discretion in these situations. It may also be necessary for the child to be referred back to parents for advice
- No teacher is obligated to answer questions personal to themselves

Staff will respect the Rights of children at all times, throughout the delivery of the Sex and Relationships Curriculum.

Visitors

Where possible visitors should be encouraged to support the teacher in the delivery of the Sex and Relationships Curriculum, however the visitor must be suitably qualified or experienced and the class teacher must be present at all times.

ASSESSMENT AND RECORDING

Work that is developed within each class will be recorded on the whole school curriculum plan for the school and will be seen on initial plans if it is part of a major project. The evaluation section on the weekly lesson plans will form the basis of any assessment.

Any work with external agencies is logged in individual pupil records.

Date: January 2016